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# Adaptive expertise

“The ability to perform at a relatively high level in unfamiliar situations thanks to understanding why a specific procedural skill should be used in a specific situation” (Bohle Carbonell et al.)

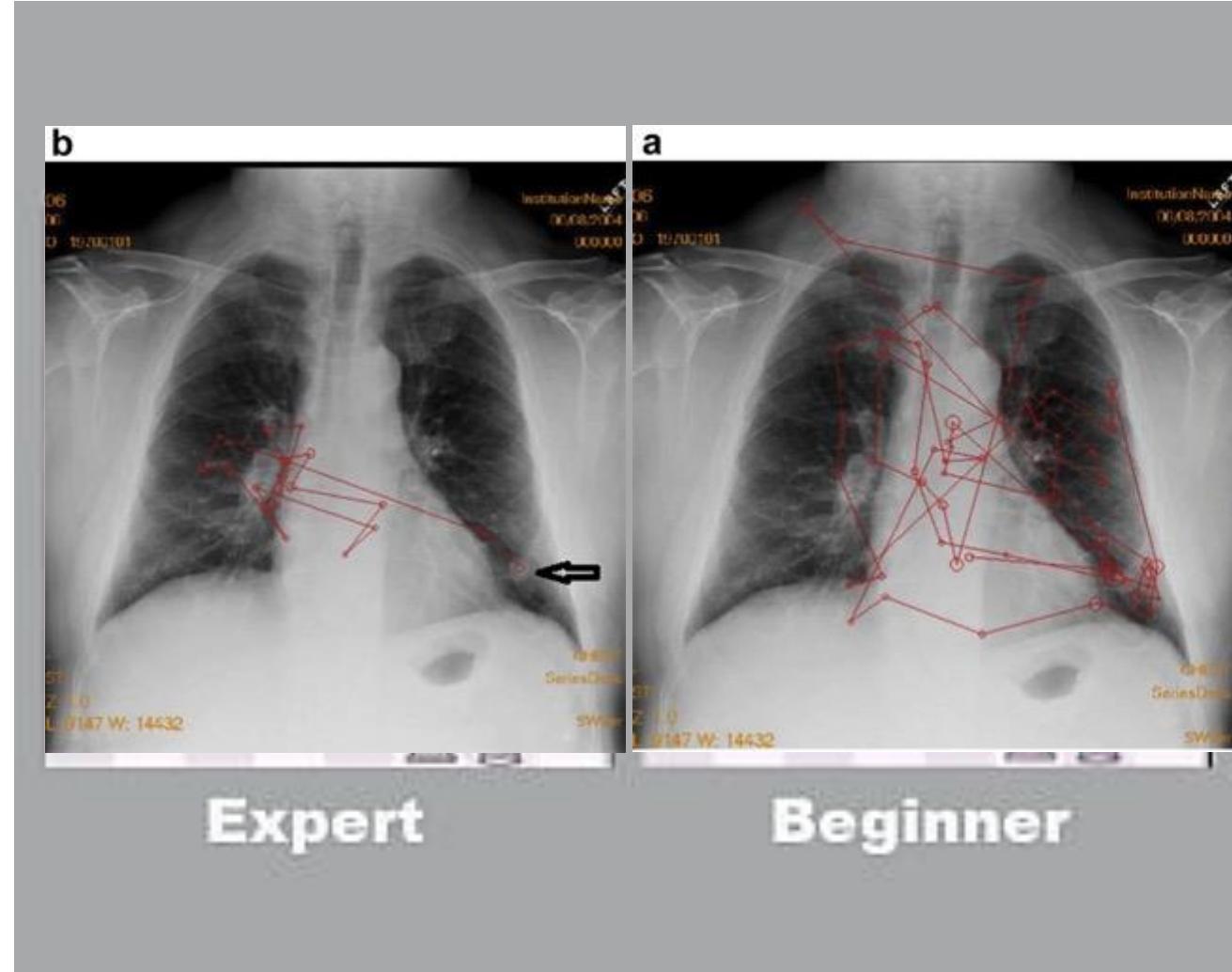


# Expertise (De Groot, 1946)

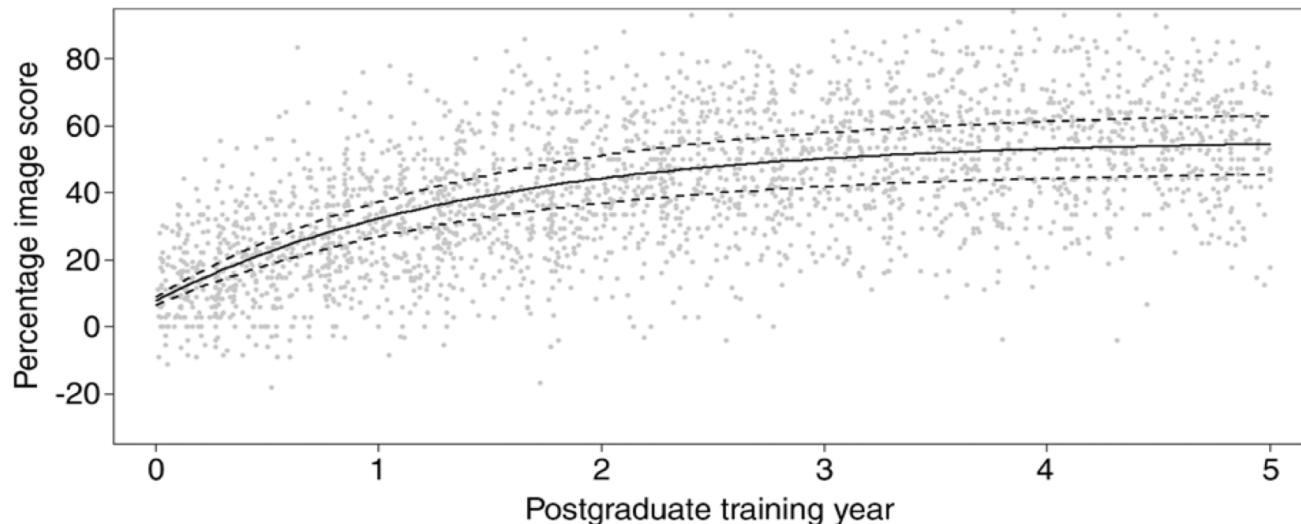


Efficiënt gebruik geheugen.

Verklaring: betekenisvolle configuraties kunnen 'herkennen'



# Development of image interpretation skills Dutch residents radiology



**Figure 4:** Predicted curves of development of scores on image questions for residents in training hospitals with average (continuous line), lowest (dotted line), and highest (dotted line) scores, and otherwise average characteristics.

- Longitudinal test data of 577 radiology residents; 2884 test results (5 years)
- Curvilinear growth during residency. Image scores increased faster during the first 3 years of residency



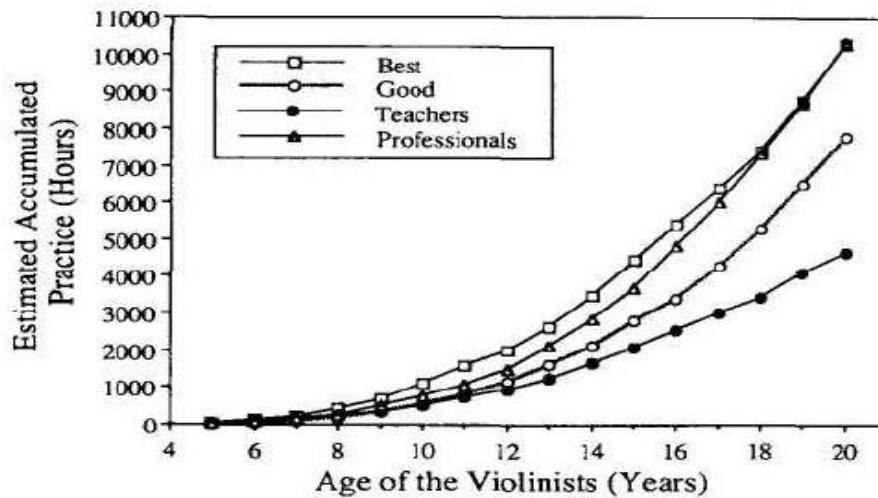
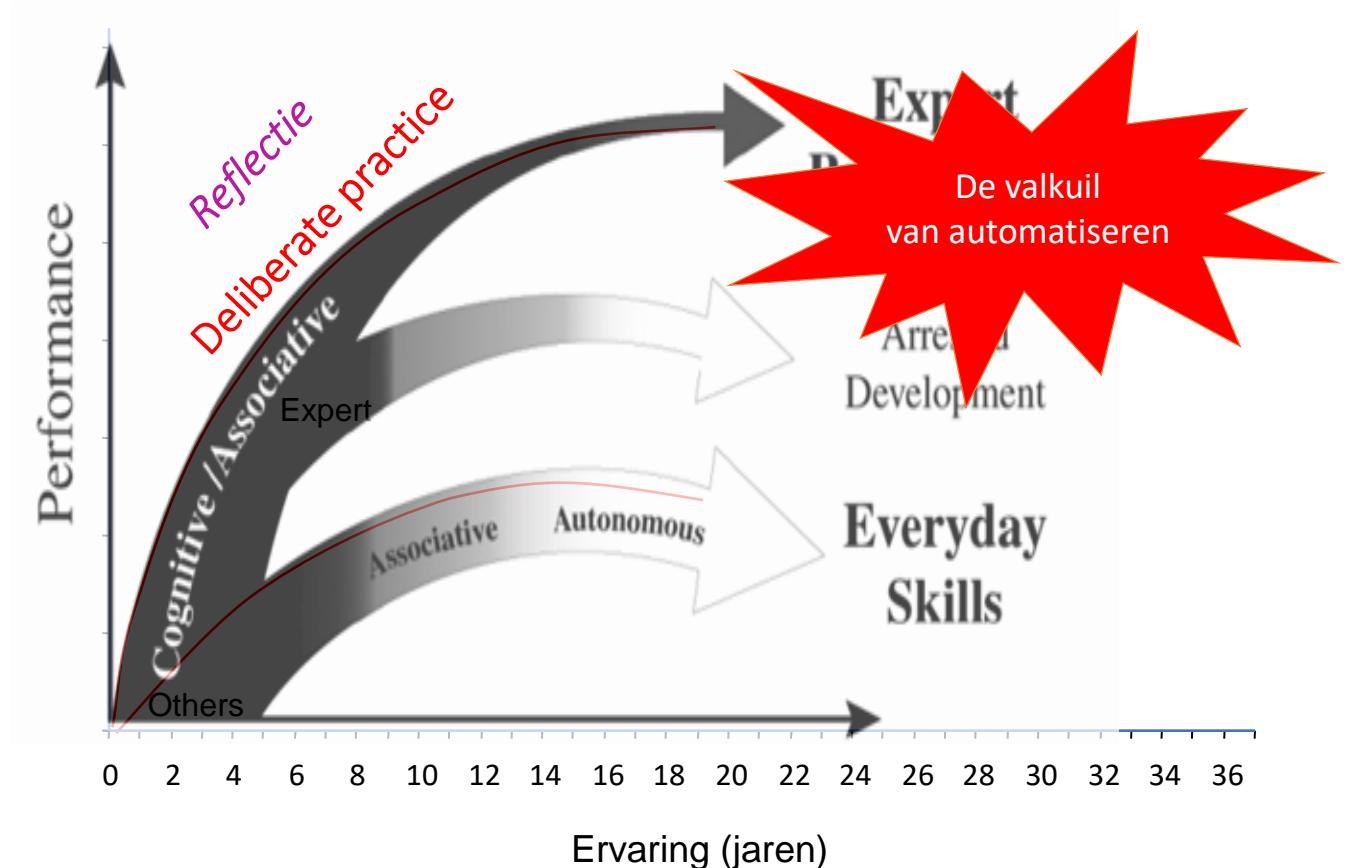


Figure 9. Accumulated amount of practice alone (on the basis of estimates of weekly practice) as a function of age for the middle-aged violinists ( $\Delta$ ), the best violinists ( $\square$ ), the good violinists ( $\circ$ ), and the music teachers ( $\bullet$ ).



Jan van Tartwijk  
 Bronkhorst, Meijer, Koster & Vermunt, 2014  
 Choudry, Fletcher, Soumerai, 2005  
 Ericsson, 1998, 2006  
 Korthagen , Kessels, Koster, Lagerwerf & Wubbels, 2001



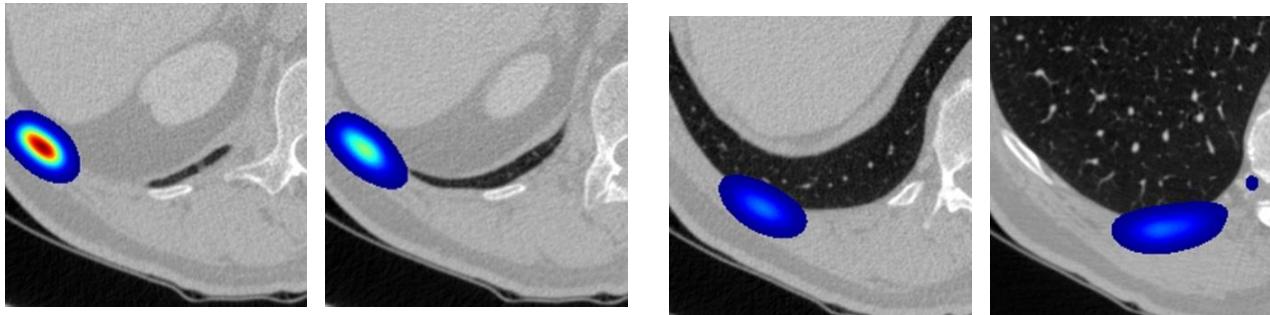


## **Deliberate practice**

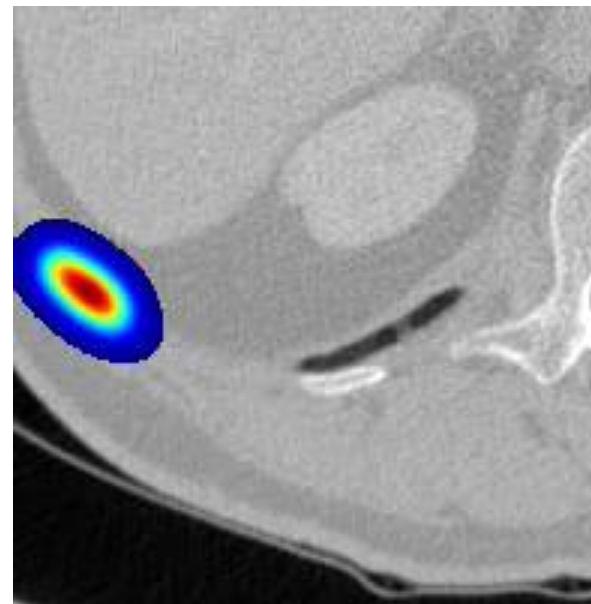
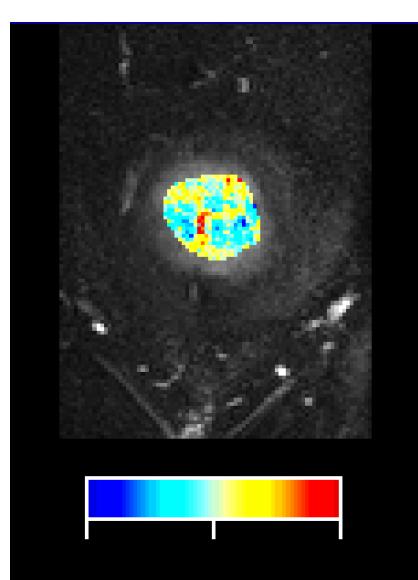
- Specifieke grensverleggende doelen stellen
- Focus gedurende het oefenen (geen afleiding)
- Onmiddellijke feedback en reflectie
- Trainer/coach/mentor begeleidt het proces

# Feedback by means of hotspots/heatmap analysis

(ImageMe project; Rutgers et al. 2021)



Rutgers, D. R., van der Gijp, A., Vincken, K. L., Mol, C. P., van der Schaaf, M. F., & Ten Cate, T. J. (2021). Heat map analysis in radiological image interpretation: an exploration of its usefulness for feedback about image interpretation skills in learners. *Academic radiology*, 28(3), 414-423.



A screenshot of a digital radiology workstation. On the left is a question form for "Emergency Radiology" regarding a male patient with a high-velocity car accident. The form includes multiple-choice questions and a "Place marker" section. On the right is a grayscale sagittal CT scan of a spine with a small blue dot marker indicating a point of interest.



# Typen expertise

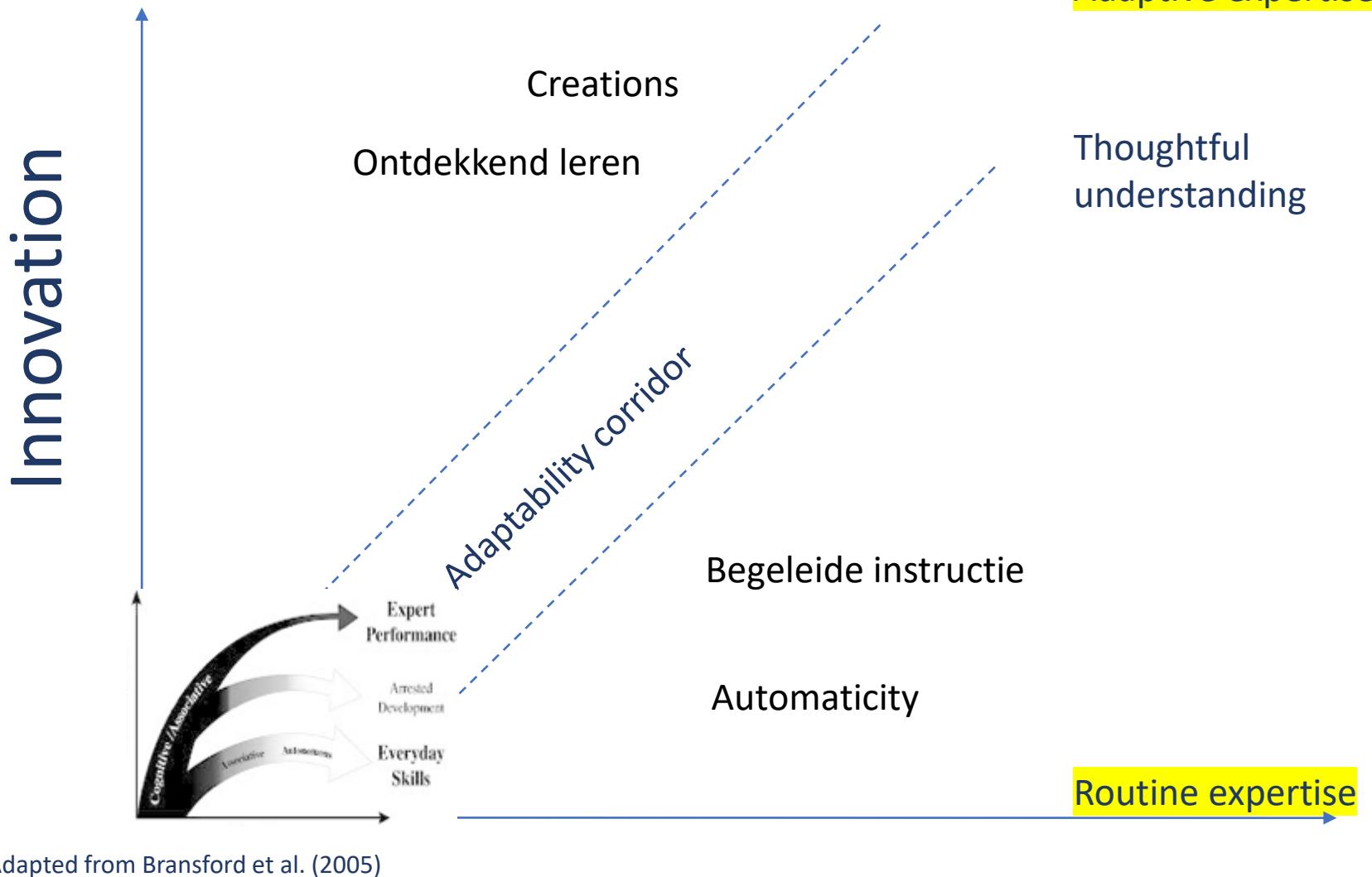
## Routinematige expertise

- Efficiëntie
- Dagelijkse werkzaamheden, accuraatheid, vloeiendheid
- Practice makes perfect:  
deliberate practice
- Veel uren oefenen met reflectie en feedback

## Adaptieve expertise

- Efficiëntie + Innovatie
- Bouwt voort op routines, efficiëntie is de basis
- Domain specifieke vaardigheden in combinatie met metacognitie, affectieve en sociale strategieën
- Inquiry based approach  
(onderzoekend leren)
- Ontwikkeling gebaseerd op ‘optimal adaptability corridor’

# Adaptability corridor



Efficiency



Welkom bij VQuest. Vul uw authenticatiegegevens in om te beginnen.

ID:   
Wachtwoord:

Start

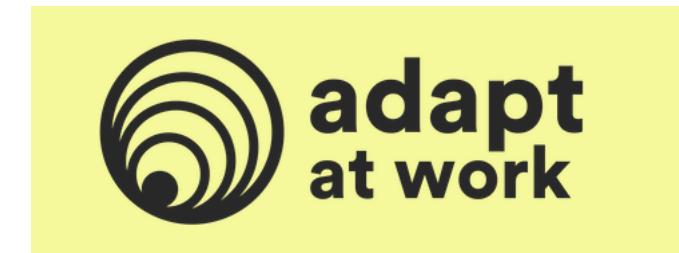
# VQUEST

[www.vquest.bluefountain.nl](http://www.vquest.bluefountain.nl)

# Leeromgevingen inrichten, enkele uitgangspunten

Ward et al. 2018; cf. Lazarra et al., 2010; Mylopoulos et al., 2018; Wallin et al., 2019

- Oefen met diversiteit aan complexe authentieke vraagstukken
- Ervaring met hoe het werken aan taken en de betekenis die aan de taak gehecht wordt kan verschillen tussen situaties (bv. multidisciplinair, interprofessioneel werken, of vanuit patiëntperspectief)
- Actieve reflectie en feedback



[www.adaptatwork.nl](http://www.adaptatwork.nl)